

PANAC

Pennsylvania Association of Nurse Assessment Coordinators

Advancing Excellence in the Assessment Process



VBP
CRITICAL ELEMENT PATHWAYS
MDS 3.0
QUALITY INDICATORS
QAPI
PDPM
REGULATORY CHANGE 2017
QUALITY MEASURES
RUGS IV
MDS2.0
SURVEY PROCESS
RUGS III
REGULATORY CHANGE 2022
PBJ
ICD-10-CM

25 years of challenges and progress

**June 8th and 9th, 2023
Penn Stater Hotel and Conference Center
State College, PA**

SCHEDULE	JUNE 8th All efforts will be made for the sessions to begin on time		JUNE 9th All efforts will be made for the sessions to begin on time
7:30 am— 8:30 am	SEMINAR REGISTRATION	7:30 am— 8:00 am	SEMINAR REGISTRATION
8:30 am— 8:45 am	OPENING REMARKS—PANAC BOARD	8:00 AM— 8:15 AM	OPENING REMARKS—PANAC BOARD
8:45 am - 10:15 am	MDS 3.0 - CHANGES YOU NEED TO KNOW FOR OCTOBER 1, 2023? STEPHANIE KESSLER, RAC-CT, CHP TRACY MONTAG, RN, BSN, RAC-MT	8:15 am— 9:45 am	EVERYTHING QUALITY MEASURES Teresa Toth, RN, CMAC, RAC-CT, DNS-CT, RAC-CTA
10:15 am - 10:30 am	REFRESHMENT BREAK	9:45 am— 10:15 am	REFRESHMENT BREAK
10:30 am— 12:00 pm	MDS 3.0 - CHANGES YOU NEED TO KNOW FOR OCTOBER 1, 2023? STEPHANIE KESSLER, RAC-CT, CHP TRACY MONTAG, RN, BSN, RAC-MT	10:15 am —11:45 am	BACK TO THE BASICS: A QAPI APPROACH Kathy Derleth, RN, BSN Debra Wright, RN, BSN, RAC-CT
12:00 pm - 1:15 pm	REFRESHMENT BREAK Association Annual Business Meeting and Buffet Lunch in Vendor Exhibit Area	11:45 am - 1:00 pm	REFRESHMENT BREAK LUNCH
1:15 pm - 2:15 pm	MDS 3.0 - CHANGES YOU NEED TO KNOW FOR OCTOBER 1, 2023? STEPHANIE KESSLER, RAC-CT, CHP TRACY MONTAG, RN, BSN, RAC-MT	1:00 pm— 2:00 pm	COMMUNITY HEALTH CHOICES ROUNDTABLE DISCUSSION Tiffany Bloom, BSW, Manager, UPMC CHC Jocelyn Saggese, LTSS SW, Manager of Services Coordination Jeannie McCoy Jennifer Burnett, Senior Director of LTSS
2:20 pm— 3:20 pm	MDS 3.0 - CHANGES YOU NEED TO KNOW FOR OCTOBER 1, 2023? STEPHANIE KESSLER, RAC-CT, CHP TRACY MONTAG, RN, BSN, RAC-MT		
3:20 pm - 3:30 pm	REFRESHMENT BREAK	2:00 pm— 2:15 pm	REFRESHMENT BREAK
3:30 pm - 5:00 pm	MDS 3.0 - CHANGES YOU NEED TO KNOW FOR OCTOBER 1, 2023? STEPHANIE KESSLER, RAC-CT, CHP TRACY MONTAG, RN, BSN, RAC-MT	2:15 PM— 3:15 PM	UPDATES FROM THE OFFICE OF LONG TERM LIVING Ruthann Barnard, RN Kerry Weaver, RN
5:00 pm— 8:00 pm	<u>PRESIDENT'S RECEPTION with Speaker and Vendors</u> <u>CHANGE IS NOT ALWAYS PLANNED OR WANTED</u>	JOURNEY HOME SAFE TRAVELS	

SESSION CONTENT

JUNE 8, 2023

MDS 3.0—CHANGES YOU NEED TO KNOW FOR OCTOBER 1, 2023

The MDS 3.0 is facing the first major change since October 1, 2010. This one day training will address the draft changes and provide information regarding what your facility should consider in preparation for these changes. There are proposed changes in nearly every section of the MDS. Each section in the draft data set will be reviewed. Attending this all day training on Day 1 of PANAC's 25th Annual Conference will prepare you for those changes and have you ready "to go again" with a "revised" MDS on October 1, 2023.

CHANGE IS NOT ALWAYS PLANNED OR WANTED (PRESIDENT'S RECEPTION)

Change is not always planned or wanted. Yet when it happens, the more you embrace it, the more you will thrive. Change does not occur only in the business world. The entire society is experiencing a time which holds no precedent, and we are facing challenges and creating opportunities at rates never seen before. The secret to embracing change is not a thing you do, but rather a mindset. It's how you choose to look at it. It's a daily choice that you must make over and over again. Imagine the cars we would be driving today if Henry Ford and his team were not open to change after creating the first car in 1903. What would your iPhone look like today if Steve Jobs made no changes to the technology? Change is inevitable, growth is a choice. In other words, when we resist change we probably are not growing from it. Real sustained growth happens when we choose it. Opportunities flow to those who grow.

JUNE 9, 2023

EVERYTHING QUALITY MEASURES

Concurrent with the changes mandated for the 3.0, the Quality Measures will be reviewed, revised, tweaked, shifted and lovingly massaged by CMS experts. During this session the currently known and potential changes related to the Quality Measures will be discussed. The information will be as current as the most recent publications provided by CMS.

BACK TO THE BASICS: A QAPI APPROACH

Maintaining nursing home regulations and compliance can overwhelm even the most prepared facility – and that task has become more daunting since the final Rules of Participation (RoP) mandates were put into action. Care providers were forced to examine policy and procedures, while ensuring all components of regulations were being completed. Thanks to an unprecedented staffing crisis, providers are scrambling to adhere to rapidly evolving guidance. To comply with CMS regulations moving forward, operators must "get back to the basics" in preparing for compliance surveys and other state and federal rules. Facilities must be ready to show surveyors how they identify, respond to, and mitigate different types of risk.

Establishing a culture of compliance requires organizational leadership; facilities must have competent awareness of the state surveyors' expectations and remain apprised of upcoming regulatory changes. This session explores how nursing operators can leverage live post-acute analytics, pulled directly from EHRs, to meet state and federal requirements, prepare for regulatory reporting and onsite surveys, conduct infection surveillance, and mitigate risk. Highlighting the seven key areas of compliance associated with the surveyors' process – from offsite survey preparation to the exit conference – this presentation highlights the key, automated data points and processes SNFs can use to demonstrate compliance. The session will also explore best practices on how to collect and use live data within the EHR to evaluate the quality of care being provided to patients, as well as to develop and monitor facility-wide performance improvement processes.

COMMUNITY HEALTH CHOICES ROUNDTABLE DISCUSSION

The Community Health Choices (CHC) organizations will be represented by an individual from their education unit. Each representative from their respective organization will present information the organization and background for the CHC and the role of the service coordinator representing their organization. They will discuss the Nursing Home transition into the CHC program. In addition they will discuss the Quality Incentives initiated by the CHC and the Value Based Purchasing (VBP) program.

UPDATES FROM THE OFFICE OF LONG TERM LIVING

This session will cover the latest information relating to the Office of Long Term Living Field Representatives.

SPEAKERS

RUTHANN BARNARD, RN, BSN

RuthAnn Barnard is a graduate of Lycoming College. She has been the MDS/PASRR/Field Operations Coordinator for the Division of Nursing Facility Field Operations in the Office of Long Term Living in the Department of Human Services since 2002. She researches areas of concern and provides guidance to the Nursing Facility Field Operations Teams and others statewide for MDS and PASRR issues. She also spent 14 years in the clinical setting as a Supervisor in a Rehabilitation Facility and as a Medical/Surgical Staff Nurse before coming to the Commonwealth.

The Division of Nursing Facility Field Operations has approximately 65 staff members divided into 7 areas throughout the state. Nursing Facility Field Operations is a utilization review program for the Commonwealth that includes Medicaid payment review, review of residents targeted under OBRA 87, and evaluates data elements from the MDS for supporting documentation and accuracy of data transmitted to the State Database that affect Medicaid payment.

TIFFANY BLOOM, BSW; Manager, Housing Strategy, UPMC Community Health Choices

Tiffany Bloom has over 20 years of experience in the long term supports and services world. She attended Messiah College for a Bachelor's degree in Social Work with a minor in Gerontology. Out of college, she started her career as a social worker in a Nursing Facility. For almost 13 years at this facility, Ms. Bloom worked her way through leadership positions in Social Services/Activities, Admissions, and ultimately the Business Office, before shifting professional paths to join UPMC. In 2019, Ms. Bloom joined UPMC Community Health Choices to build the Nursing Home Transition (NHT) Program in the Southeast region of Pennsylvania. As the program quickly evolved to a steady state, she became the UPMC CHC lead for the PA LTC Facility Learning Network tied to a value-based payment arrangement based on quality metrics for Nursing Facilities.

JENNIFER BURNETT, Senior Director of LTSS

Jennifer Burnett has more than 30 years of experience working with publicly funded long-term services and supports, with expertise in Medicaid long-term care, public policy, and health care reform. She currently is Senior Director at PA Health & Wellness, a subsidiary of Centene, and was formerly the Deputy Secretary of the Office of Long-Term Living, DHS and a Division Director for Medicare & Medicaid Services (CMS).

KATHY DERLETH, RN, BSN; Clinical Program Director, Real Time Medical Systems

Kathy Derleth holds nearly forty years of nurse leadership experience within the long-term care industry. As a former Chief Nursing Officer with a growing long-term care nursing home corporation, she guided clinical staff, administrators, and operators on patient-centered care, clinical quality, and regulatory compliance. Throughout her career, Kathy has held key clinical executive roles with more than 30 nursing facilities, including a non-profit organization Diakon Lutheran Social Ministries, CommuniCare, Avalon Health Care Group, and Golden Living, where she led policy and program development to support CMS goals in improving the quality and care for residents. As a certified Director of Nursing, Kathy serves as a member of the National Association of Directors of Nursing Administration and the Pennsylvania Health Care Association Quality Committee. She taught for three years, providing new administrators training on regulatory guidance through the Slippery Rock Adult Learning Program as part of the Pennsylvania state licensing program. In her role as Clinical Program Director at Real Time Medical Systems, Kathy manages the CMS QIO partnerships.

GERRI GUERRI

Gerri Guerri is a life-long resident of South Central PA. As an entrepreneur for the past 25 years, she built a large direct sales business where she was nationally recognized in the top 1% of her organization in sales, team building and leadership development.

Her passion is to inspire others and help them succeed in their profession by teaching them a new mindset.

Gerri is a leadership expert who delivers high-energy keynote presentations that challenge audiences to leverage their focus and pay attention to what matters most at work and in life. Audiences love her practical strategies they can apply personally and professionally.

STEPHANIE KESSLER, RAC-CT, CHP

Stephanie Kessler is a Partner and clinical practice lead of RKL, LLP's Senior Living Services Consulting practice. She focuses on post-acute care providers and has over 20 years' experience with operations, regulatory compliance and reimbursement at a state and federal level. She has participated as an instructor/speaker on healthcare topics at various seminars and conventions for national and state health care associations as well as to providers across the country.

JEANNIE MC COY

TRACY BURGER MONTAG, RN, BSN, RAC-MT, RAC-CTA

Tracy Montag is a Manager in the Senior Living Services Consulting practice for RKL LLP (RKL). Within the RKL Senior Living Services Consulting Group national practice, Tracy's over 20 years of hand-on experience and expertise assist senior living providers in areas such as overall facility operations, reimbursement and governmental regulations. She is an MDS 3.0 Gold Standard Nurse and was the co-lead for the MDS 3.0 pilot project for the State of Pennsylvania. Tracy has worked for the Centers for Medicare & Medicaid Services (CMS) as an independent contractor. In addition, Tracy is a Master Teacher for the AAPACN RAC-CT program.

JOCELYN SAGGESE, LTSS SW

Jocelyn Saggese was born and raised in Central Pennsylvania (Clearfield). My mom was a social worker and she inspired me to get into a helping profession. Received a Bachelor of Arts in Psychology from Lock Haven University, Lock Haven, PA. Worked in child welfare and family therapy fields for approximately six years before starting in the field of Home and Community Based Services in January 2012. Worked for an external service coordination agency as a service coordinator and later as a supervisor from 2012 to 2019 in the Clearfield, Erie, and Pittsburgh areas. Joined Amerihealth Caritas as Manager of Service Coordination for the Southwest in the fall of 2019. I currently manage three teams of service coordinators who provide coordination for participants in both community and nursing facility placements.

TERESA TOTH, RN, CMAC, RAC-CT, DNS-CT, RAC-CTA

Teresa Toth has 25+ years' experience in long term care and has worked for county, for profit and non-profit nursing facilities throughout PA and surrounding states. Teresa is currently employed by Healthpro-Heritage as a VP of Clinical Reimbursement. Teresa joined PANAC in 2001 and has served several terms as a board member beginning in 2002. Teresa has been a past PANAC Board member and currently serves on the PANAC Board as Treasurer.

KERRY WEAVER, RN, BSN, RAC-CT

Kerry Weaver is a graduate of Lancaster General Hospital School of Nursing and Millersville University. She began her nursing career as a CNA in LTC and after graduation from Nursing School spent 16 years working in acute care as a labor and delivery nurse. She came back into LTC as an MDS coordinator and spent 9 years in the role of lead MDS Coordinator. Later moving on to corporate, multi-facility oversight of clinical reimbursement in both the Non-Profit and For-Profit sectors. She recently became a part of the Myers and Stauffer team in Harrisburg as a Healthcare Consultant. Myers and Stauffer provides Medicare and Medicaid many services including auditing, rate-setting and consulting services to many State and Federal agencies.

DEBRA WRIGHT, RN, BSN, RAC-CT: Quality Improvement Specialist, Quality Insights

Debra Wright is a Quality Improvement Specialist at Quality Insights. She holds over thirty years of nurse leadership experience within the long-term care industry. Starting out as a certified nursing assistant, she grew as the industry grew. Debra held many key clinical leadership roles in non-profit and for-profit organizations, as well as a university based retirement community, where she was vice president of health care operations. As a quality improvement specialist, she's most passionate when working with the MDS process and Quality Improvement.

NOTE: THE PANAC CONFERENCE COMMITTEE RESERVES THE RIGHT TO SUBSTITUTE SPEAKERS AND/OR TOPICS AS NECESSARY.

WHO SHOULD ATTEND

Assessment Coordinators, Administrators, Directors of Nursing, Social Service, Recreational Therapy, Dietary Staff, Rehabilitation Therapy, Clinical Records Staff, Consultants, any individual involved in or interested in the assessment process.

CONFERENCE FEES

Fees for the two day conference are as follows:

June 8th & 9th Members \$ 375.00 Nonmembers \$ 550.00

FOR THE MEMBERSHIP RATE PLEASE MAKE SURE YOUR MEMBERSHIP STATUS IS UPDATED/CURRENT.

Conference fees include refreshment breaks, lunch, access to the handouts, product giveaways and a special gift from the PANAC Board of Directors.

Payment can be made by check, money order, Visa or Master Card.

HANDOUTS

Handouts will NOT be provided to attendees at the Conference. Handouts will be available online, at the website the week prior to the conference.

SEMINAR REGISTRATION

Seminar registrations can be submitted via the PANAC web site at www.PaANAC.net; or by mail by sending the registration form to PANAC, PO Box 3116, York, PA 17402 by May 25, 2023.

REGISTRATION TABLE

The registration table will be open from 7:30 am - 9:00 am each morning and during the President's Reception. For late arrivals, the registration table will be manned through the morning as well.

CANCELLATIONS

Cancellations received before May 25th are refundable less \$50.00 administration charge. No refunds will be made for cancellations after that date. **NOTE: Registrations received but not attended without notice are not refundable. Substitute attendees are acceptable.** For any questions, contact the Committee Chairperson, Marie Carpenter @ 717 355 6265 or mdcarp@ptd.net or www.paanac.net.

COVID-19 PARAMETERS

Please note that our COVID vaccination policy has changed for our 2023 conference.

While the pandemic is not over, we have moved to a point where COVID-19 no longer severely disrupts our daily lives. For our 2023 conference, we ask that each participant do the following:

- Complete a COVID-19 test (preferably PCR test) within 48 hours of conference arrival and only attend with negative results,
- Do not attend the conference with cold or flu-like symptoms, such as head congestion, fever, cough, rhinitis, tiredness, body aches, headache, sore throat, nausea and/or diarrhea, and
- Immediately leave the conference if any of the above symptoms develop while onsite and notify conference staff of symptoms.

Please be honorable and forthright in your decision-making.

CONFERENCE ATTIRE

Casual attire is appropriate for all education sessions and the President's Reception. Every effort is expended to make the meeting rooms and surrounding halls comfortable; however, it is very difficult to regulate the temperature in the meeting rooms.

PLEASE LAYER YOUR CLOTHING TO BE PREPARED FOR WARM OR COOL TEMPERATURES.

PRESIDENT'S RECEPTION

A President's Reception will be held on June 8th from 5:00 pm (immediately following the last educational sessions) at the Penn Stater Hotel and Conference Center. A presentation will be provided by a motivational speaker. Come meet your President and the Board of Directors and network with your colleagues. Refreshments will be served. Door prizes items will be dispersed during the President's Reception.

PRESIDENT'S/EXHIBITOR HALL

Vendor exhibits will be available in the President's Hall. Breaks and lunch will be provided in the vendor area. Please take this opportunity to support the vendors by visiting their area.

RAFFLE AND GIVE AWAY

Raffles will be conducted throughout the program but in particular during the President's Reception held in the President's Hall. Each participant will receive one raffle ticket for the general give-aways. In addition, a give-away provided to the membership by the Board will be provided to each attendee. Participating vendors may also provide a give-away.

MESSAGE BOARD

A message board will be available in a central area for phone messages or for attendees to make contact with each other. Job postings can also be placed on the Board.

CONTINUING EDUCATION UNITS / CONTACT HOURS

This activity has been submitted to the Pennsylvania State Nurses Association for approval to award contact hours. The Pennsylvania State Nurses Association is accredited as an approver of nursing continuing professional development by the American Nurses Association.

The Pennsylvania Association of Nurse Assessment Coordinators Planning Committee has determined there are no conflicts of interest of the planning committee or the speakers in the presentation of this program.

HOTEL RESERVATIONS

A limited number of rooms are available at the Penn Stater Hotel and Conference Center. The block of rooms reserved for PANAC attendees will be available until **5/8/2023**. Reservations should be made directly with the hotel. ***Penn Stater Hotel and Conference Center, 215 Innovation Boulevard, State College, Pennsylvania 16803; 814-863-5050 or 1- 800-233-7505 . Be sure to identify you are attending the PANAC Conference and provide the code PANF23A.*** Additional hotel space can be found in the State College area.

???QUESTIONS???

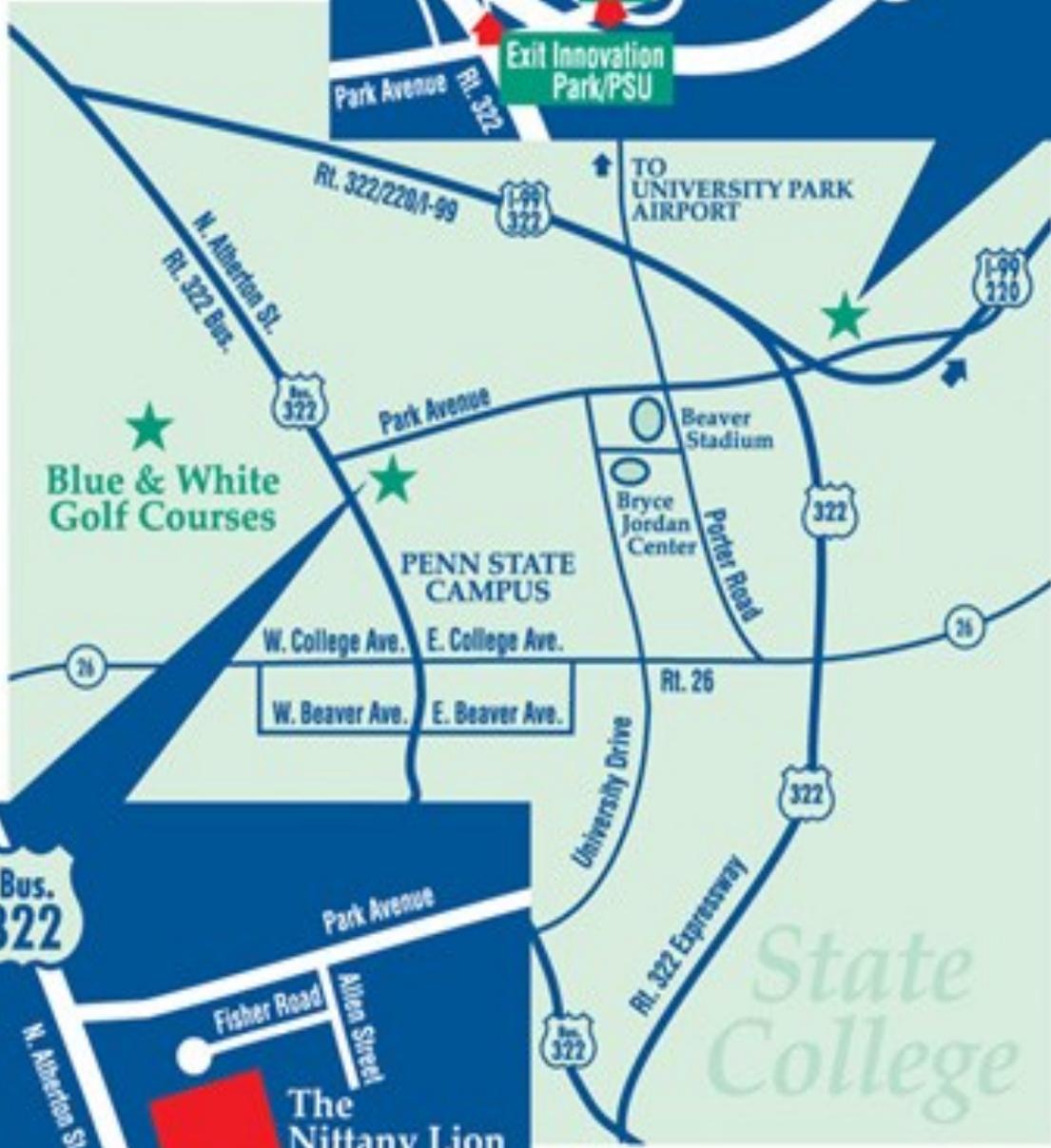
Marie Carpenter, RN - Conference Registration

Call 717 355 6265 (day)

www.PaANAC.net

**The Penn Stater
Conference
Center Hotel**

To/From I-80
Penn Stater
is now only
10 minutes
from I-80



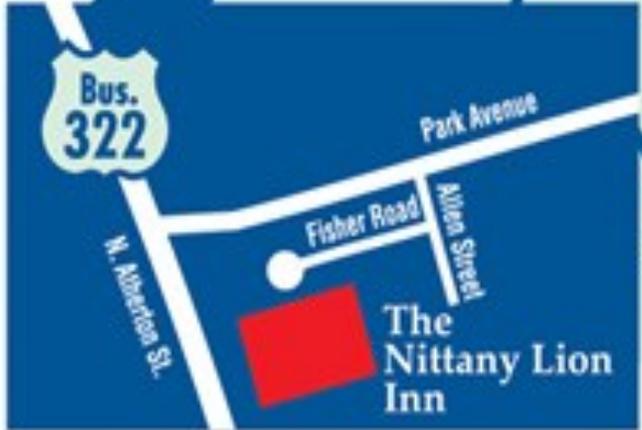
**Blue & White
Golf Courses**

**PENN STATE
CAMPUS**

*State
College*



**The Nittany Lion
Inn**



DRIVING DIRECTIONS

from New York City (225+ miles) and the East:

I-80 West in PA to Exit 161 (Bellefonte), Follow PA 26 South to US 220 South. Take exit 74 for Penn State University/Innovation Park. For The Nittany Lion Inn: stay in the left lane of the exit and follow the sign for Penn State University. This will become Park Avenue. Travel Park Avenue to the stop light at Allen Street. Turn left on Allen Street and then right on Fischer Road. The Nittany Lion Parking Deck will be on your left followed by the Nittany Lion Inn. For The Penn Stater Conference Center Hotel: Stay in the right lane of the exit and follow the sign for Innovation Park. At the stop sign at the end of the ramp, turn right. At the top of the hill the road turns to the left and becomes Innovation Boulevard; the hotel will be on the right.

from Philadelphia (nearly 200 miles):

PA Turnpike West to Exit 19, Harrisburg East and follow signs for the next 15 miles to Route 322 West. Take 322 West, past Lewistown, to State College and take the Penn State University/ Innovation Park Exit. For The Nittany Lion Inn turn right at the stop light and follow Park Avenue. Travel Park Avenue to the stop light at Allen Street. Turn left on Allen Street and then right on Fischer Road enter the Nittany Lion Parking Deck on your left. For The Penn Stater Conference Center Hotel from the above exit, turn left at the stop light and follow signs for Innovation Park Exit A directly to the Hotel in Innovation Park.

from Harrisburg (80+ miles):

Take 322 West, past Lewistown, to State College and take the Penn State University/ Innovation Park Exit. For The Nittany Lion Inn, turn right at the stop light and follow Park Avenue. Travel Park Avenue to the stop light at Allen Street. Turn left on Allen Street and then right on Fischer Road enter the Nittany Lion Parking Deck on your left. For The Penn Stater Conference Center Hotel from the above exit, turn left at the stop light and follow signs for Innovation Park Exit A directly to the Hotel in Innovation Park.

from Pittsburgh (125+ miles):

Route 22 East to Duncansville. Then take Route 220/I-99 North bypassing downtown Altoona and Tyrone. After Port Matilda, take Route 322 East to State College. For The Nittany Lion Inn, stay on Business Route 322/ North Atherton Street, past a variety of businesses. At the light at Park Avenue, turn left. The Inn is on your right. For The Penn Stater Conference Center Hotel, take the 322 East/US 220 North bypass to the Penn State University/ Innovation Park Exit. Turn left at the stop light and follow signs for Innovation Park Exit A directly to the Hotel in Innovation Park.

from the West:

I-80 East in PA to Exit 161 (Bellefonte), Follow PA 26 South to US 220 South. Take exit 74 for Penn State University/Innovation Park. For The Nittany Lion Inn: stay in the left lane of the exit and follow the sign for Penn State University. This will become Park Avenue. Travel Park Avenue to the stop light at Allen Street. Turn left on Allen Street and then right on Fischer Road. The Nittany Lion Parking Deck will be on your left followed by the Nittany Lion Inn. For The Penn Stater Conference Center Hotel: Stay in the right lane of the exit and follow the sign for Innovation Park. At the stop sign at the end of the ramp, turn right. At the top of the hill the road turns to the left and becomes Innovation Boulevard; the hotel will be on the right. *There is an alternate way from I-80 East following 322 East into State College. The above directions reflect all highway driving. On 322 you can expect construction delays and areas of two lane driving.

SEMINAR REGISTRATION

NAME: _____

FACILITY: _____

ADDRESS: _____

CITY/STATE/ZIP _____

COUNTY: _____ PHONE: _____ FAX: _____

EMAIL ADDRESS: _____ POSITION: _____

Seminar registration fees. Check the registration which applies:

June 8 & 9 Members \$ 375.00 Nonmembers \$ 550.00

Conference fees include refreshment breaks, lunch, access to handouts, and product giveaways

Payment can be made by check, money order, Visa or Master Card.

ONE REGISTRATION PER MEMBERSHIP

ALL REGISTRATION FORMS SHOULD BE ACCOMPANIED WITH PAYMENT—CHECK, MONEY ORDER OR CREDIT CARD ONLY. DO NOT SEND CASH. Please make checks payable to: **PANAC**

Please complete a separate registration form for each registrant. A photocopy of the registration form is acceptable for additional registrants. Registration should be received by May 25, 2023.

WALK-INS ARE WELCOME

Register on line at: www.PaANAC.net or Mail payment and completed form to:

Marie Carpenter, RN; PANAC; PO Box 3116; York, PA 17402

Credit Card payment: Master Card Visa

Card No. _____ Exp. Date _____

Cardholder Name: _____

Authorized Signature: _____

