



Pennsylvania Association
of Nurse Assessment
Coordinators

Promoting Excellence in the Assessment Process

11th ANNUAL CONFERENCE

THE ASSESSMENT EVOLUTION



June 10 and 11, 2009
Penn Stater
Conference Center Hotel
State College, PA

This presentation is a joint endeavor of the **Pennsylvania Association of Nurse Assessment Coordinators** and **Gerber Consulting Services, Inc.** Approval of the nursing education activity refers to recognition of the educational activity only and does not imply PANAC, GCSI or PSNA approval or endorsement of any product.

SCHEDULE	JUNE 10th All efforts will be made for the sessions will begin on time		SCHEDULE	JUNE 11th All efforts will be made for the sessions will begin on time	
8:30 am - 9:30 am	SEMINAR REGISTRATION		8:00 am - 8:30 am	SEMINAR REGISTRATION	
9:30 am - 10:45 am	PREPARATION FOR THE MDS 3.0 Tracy Montag Terry Raser	MDS 2.0 BASIC TRAINING Overview of the RAI Janet Gerber	8:30 am - 10:00 am	UPDATE WITH UMR Bonnie Rose, RN Cathy Petko, RN	MDS 2.0 BASIC TRAINING Resident Assessment Protocols (RAPs) Janet Gerber
10:45 am - 11:00 am	REFRESHMENT BREAK		10:00 am - 10:30 am	REFRESHMENT BREAK IN VENDOR EXHIBIT AREA	
11:00 am - 12:30pm	PREPARATION FOR THE MDS 3.0 Tracy Montag Terry Raser	MDS 2.0 BASIC TRAINING Completing the MDS Ensuring & Validating Information Janet Gerber	10:30 am - 11:45 am	MEDICARE PART A AND MEDICAID REVENUE ENHANCEMENT Stephanie Kessler Tracy Montag	MDS 2.0 BASIC TRAINING Quality Indicators/ Quality Measures Janet Gerber
12:30pm - 1:30pm	REFRESHMENT BREAK Business Meeting and Buffet Lunch in Vendor Exhibit Area		11:45 am - 1:15pm	REFRESHMENT BREAK Buffet Lunch in Vendor Exhibit Area	
1:30pm - 2:45 pm	A OVERVIEW OF THE CMS 5 STAR PROGRAM Louise Sobke ***** B MAXIMIZING MDS DATA TO MINIMIZE FALL RISK Sara Wright Dawn Baughman	MDS 2.0 BASIC TRAINING Completing the MDS Ensuring & Validating Information Janet Gerber	1:00 pm - 2:15pm	E SKILLED NURSING FACILITY (SNF) MEDICARE PART A COMPLIANCE Stephanie Kessler Tracy Montag ***** F THE NUTRITION CARE PROCESS AND THE REVISED f325 Margarita Kosko	MDS 2.0 BASIC TRAINING Prospective Payment MA-CMI Janet Gerber
2:45 pm - 3:00pm	REFRESHMENT BREAK		2:15 pm - 2:30 pm	REFRESHMENT BREAK	
3:00 pm - 4:15pm	C F TAG 309: UPDATE ON PAIN MANAGEMENT IN LTC Colleen Kayden ***** D REHABILITATION THERPAY FOR ALZHEIMERS RESIDENTS Bronwyn Keller	MDS 2.0 BASIC TRAINING Completing the MDS Ensuring & Validating Information Janet Gerber	2:30 pm - 4:00 pm	G NONVERBAL VALIDATION: THE USE OF TOUCH IN THE LATER STAGES OF MEMEORY LOSSS Rita Altman ***** H QUALITY INDICATOR REVIEW IN LONG TERM CARE Adeleye Harding	MDS 2.0 BASIC TRAINING Medicare PPS Janet Gerber
4:30 pm - 6 pm	<u>PRESIDENT'S RECEPTION with Vendors Door Prize Give-Away Board Installation 5:00 pm</u>		This presentation is a joint endeavor of the Pennsylvania Association of Nurse Assessment Coordinators and Gerber Consulting Services, Inc. Approval of the nursing education activity refers to recognition of the educational activity only and does not imply PANAC, GCSI or PSNA approval or endorsement of any product.		

SESSION CONTENT

JUNE 10, 2009

MDS 2.0 - BASIC TRAINING

A comprehensive, two-day, seminar designed to assist those who have limited experience with the Resident Assessment Instrument (RAI) to develop a working knowledge of the entire process. This training may also serve as an in-depth review for the experienced assessment coordinator.

PREPARATION FOR THE MDS 3.0

By attending this session, the attendee will be able to interpret the main differences between the MDS 2.0 and the MDS 3.0; revise the current MDS process to comply with the changes being implemented with the MDS 3.0 changes and describe the effective methods to use now to be ready when the MDS 3.0 goes live. These sessions will include 'hand-on' practice in the interviewing process required under the MDS 3.0 assessment.

OVERVIEW OF THE CMS 5 STAR PROGRAM

This session will assist the attendee in developing an understanding of the areas included in the 5 Star Rating program; develop an understanding of the areas if provider concern with the 5 Star program and understand the methodology used to assign stars in the program.

MAXIMIZING MDS DATA TO MINIMIZE FALL RISK

Falls are a recognized geriatric syndrome and present a clinical challenge within the nursing home setting. Determining the factors that contributed to a fall incident or that places a resident at risk for a fall requires comprehensive assessment and thoughtful care plan interventions. This session will focus on applying the nursing process from both a person-centered and systems perspective to improve care outcomes.

F-TAG 309: UPDATE ON PAIN MANAGEMENT IN LONG TERM CARE

Updated interpretive guidelines for F Tag 309 went into effect on March 31, 2009. The new guidelines focus on the facility's recognition, evaluation, and management of pain in residents who have pain, are being treated for pain, or have the potential to have pain symptoms. This session will examine the facility's and consultant pharmacist's role in maintaining compliance with the updated F Tag.

REHABILITATION THERAPY FOR ALZHEIMERS RESIDENTS

This program will address the role that rehabilitation team members can contribute to residents of SNFs who are living with dementia. The stages of dementia will be briefly reviewed with a focus on primary abilities and needs associated with each stage. The importance of team collaboration for individuals will be discussed in order to address the quality of life indicators impacted by dementia.

Call 717-445-8726 (day); 717-445-9807 (fax)

SESSION CONTENT

June 11, 2009

MDS 2.0 A BASIC TRAINING

A comprehensive, two-day, seminar designed to assist those who have limited experience with the Resident Assessment Instrument (RAI) to develop a working knowledge of the entire process. This training may also serve as an in-depth review for the experienced assessment coordinator.

UPDATE WITH UMR

This session will address the current Medicaid happenings, e.g. PERM, assisted living, changes in the UMR process, review of MDS data changes which impact Pennsylvania. The data informing this session is still in a state of flux therefore subject areas may expand or contract based on the current data available.

MEDICARE PART A AND MEDICAID REVENUE ENHANCEMENT

The attendee will be able to: identify frequently missing revenue opportunities for SNF Medicare Part A and Pennsylvania Medicaid reimbursement; Determine ways to identify and capture missed revenue; and identify the need for documentation to support specific MDS items to assist with enhanced revenue.

SKILLED NURSING FACILITY (SNF) MEDICARE PART A COMPLIANCE

The attendee will be able to: Identify technical and clinical requirements for a Medicare Part A SNF stay; determine the need for required forms, etc. to be completed for a Medicare Part A SNF stay; and describe the importance of the Triple Check Process.

THE NUTRITION CARE EPROCESS AND THE REVISED F 325

To provide a clear and precise review of the Nutrition Care Process and Model developed by the American Dietetic Association and the Revised F325 guidelines from CMS and how this framework's the standard of practice for the Registered Dietitian in Long Term Care.

NONVERBAL VALIDATION: THE USE OF TOUCH WITH INDIVIDUALS IN THE LATER STAGES OF MEMORY LOSS

Often we feel limited in our ability to communicate with individuals who have greatly diminished cognitive capacity. Useful Validation techniques will be demonstrated so that individuals can more effectively communicate with residents/patients with profound memory loss using an empathetic approach. Validation is a tested model of communication that restores dignity to the elderly person and eases stress for the caregiver.

QUALITY INDICATOR REVIEW IN LONG TERM CARE

Had problems working with the quality indicators? Attend this session and understand how the this important information is used to make decisions about the facility and to establish quality monitoring programs

**JOIN THE PENNSYLVANIA ASSOCIATION OF NURSE ASSESSMENT
COORDINATORS TODAY!!!**

**YOU CAN JOIN THROUGH THE PANAC WEB SITE AT
www.paanac.net**

Tracy Montag, RN, BSN, RAC-C is a Charter Member and Past Board Member of the Pennsylvania Nurse Assessment Coordinators Association. She recently joined BMC Senior Consulting Services as a consultant and was previously employed as the Coordinator for Clinical Information for Lutheran Social Service of South-central PA services overseeing the Nurse Assessment Coordinators in each of the company's facilities. She has also worked as a Nurse Assessment Coordinator in a number of nursing facilities and has worked in long term care since 1990. She is a member of the Advisory Board for Quality Insights of Pennsylvania. She participated with the Quality Measurement and Health Assessment Group of CMS for the Development of the MDS 3.0 Instrument and served as one of 2 Gold Standard Nurses for the MDS 3.0 Pilot Project for the Commonwealth of Pennsylvania.

Cathy Petko, RN; Cathy is a Nurse Consultant with Myers and Stauffer LC which is a contractor to the PA Department of Public Welfare and Department of health. She coordinates with providers, state agency personnel, and office staff on nursing issues relating to RUG-III classification and case-mix payment implementation. She also works with Utilization Management Review personnel to develop MDS audit tools for implementation of case-mix payment systems. She has participated in leading training sessions on the MDS 2.0, electronic submission, RUG classification system, Case Mix reimbursement, and Utilization and Management Review topics. She works with the federal Data Management system and other software programs to assist providers in their data submissions and provide state personnel with reports.

Terry Raser, RN, CRNAC has worked in Long-Term Care for the past 25 years. She has worked as a Registered Nurse Assessment Coordinator for 16 years and as an RNAC Consultant for the past 7 years. Ms. Raser has been a certified RNAC, by the National Subacute Care Association (NSCA), since 2000. She is a member of the American Association of Nurse Assessment Coordinators (AANAC) and is on the board of the Pennsylvania Association of Nurse Assessment Coordinators (PANAC) Organization. Ms Raser has successfully assisted several deficient Long-Term Facilities become compliant. She previously worked with Quality Insights of Pennsylvania; (Quality Improvement Organization for PA). She is currently working for an RNAC Temp agency as the Manager and Trainer for Select Nurse Staffing. Terry recently participated in the MDS 3.0 pilot project representing Pennsylvania as a Gold Standard Nurse. Pennsylvania was one of eight states involved in the pilot project.

Bonnie L. Rose, RN, Director, Division of Long Term Care Provider Services, DPW; currently employed in a senior management position in the Pennsylvania Department of Public Welfare, with over thirty (30) years of experience in consultative, administrative and management activities, which have led to a proficiency in supervisory skills, policy analysis, program planning, evaluation, implementation and training.

Louise Sobke, RN, BSN, NHA, Selected to present Centers for Medicare and Medicaid Services regarding the 5 Star process. As Vice President of Operations/Clinical Services for Presbyterian Senior Living, responsible for clinical services in 15 skilled nursing facilities in 3 states; responsible for the strategic direction of clinical services; developed and implemented electronic health record processes for the skilled facilities; develop and implement educational and training of clinical staff; act as liaison between contract services, corporate leadership, and facility administrative teams and responsible for overall operations of two campuses in the PSL network. Worked in the wound care management and long term care fields since 1988. Graduated with a BSN from Columbia University in New York, NY.

Sara Wright, MSN, CRNP; Nurse Practitioner Consultant for grant funded initiative to assist nursing facilities within the Commonwealth to develop process of physical restraint reduction/elimination and development of psychotropic medication review programs. Coordination of medication review training sites; facility consultative services to strengthen nursing and interdisciplinary team assessment skills for fall prevention, restraint reduction, and behavior management. Develop and present various educational programs regarding pertinent geriatric issues and clinical care challenges in long term care. She is currently employed by the Pennsylvania Restraint Reduction Initiative / Kendal Outreach, LLC and the Hospice of Lancaster County.

***NOTE: THE PANAC CONFERENCE COMMITTEE RESERVES THE RIGHT TO
SUBSTITUTE SPEAKERS AND/OR TOPICS AS NECESSARY.***

WHO SHOULD ATTEND

Assessment Coordinator, Administrator, Director of Nursing, Social Service, Recreational Therapy, Dietary Staff, Rehabilitation Therapy, Clinical Records Staff, Consultants, any individual involved or interested in the assessment process.

CONFERENCE FEES

Fees for the two day conference are as follows:

June 10	Members \$ 180.00	Nonmembers \$ 260.00
June 11	Members \$ 180.00	Nonmembers \$ 260.00
June 10 and June 11	Members \$ 275.00	Nonmembers \$ 400.00

Conference fees include refreshment breaks, lunch, handouts, product giveaways and a special gift from the PANAC Board of Directors.

Payment can be made by check, money order, Visa or Master Card.

SEMINAR REGISTRATION

Seminar registrations can be submitted via the PANAC web site at www.paanac.com; by mail by sending the registration form to Marie Carpenter, RN; Zerbe Sisters Nursing Center; 2499 Zerbe Road; Narvon, PA 17555; or by fax to 717-445-9807.

REGISTRATION TABLE

The registration table will be open from 8:00 am - 9:00 am each morning and during the President's Reception. For late arrivals, the registration table will be manned through the morning as well. In addition the Registration staff will be available Wednesday evening.

CANCELLATIONS

Cancellations received before May 30th is refundable less \$20.00 administration charge. No refunds will be made for cancellations after that date. **NOTE: Registrations received but not attended are non-refundable.** Substitute attendees are acceptable. For any questions, contact the Committee Chairperson, Marie Carpenter @ 717-445-8726 or mcarp@ptd.net or www.paanac.com.

PRESIDENT'S RECEPTION

A President's Reception will be held on June 10th from 4:30 pm (immediately following the last educational sessions) - 6:00 pm at the Penn Stater. Come meet your President and the Board of Directors. Refreshments will be served. A cash bar will be available. Door prizes items will be dispersed during the President's Reception.

EXHIBITOR HALL

Vendor exhibits will be available in the President's Hall. Breaks and lunch will be provided in the vendor area.

CONFERENCE ATTIRE

Casual attire is appropriate for all education sessions and the President's Reception. Every effort is expended to make the meeting rooms and surrounding halls comfortable; however, it is very difficult to regulate the temperature in the meeting rooms. Please layer your clothing to be prepared for warm and cool temperatures.

BREAKOUT SESSIONS

Morning sessions will be held for general attendance. Two sessions will be offered during the same time period in the afternoon. Each attendee must choose one session to attend during each afternoon time frame.

The MDS 2.0 sessions is 2 full days. If you are attending the 2.0 session you must identify this on the registration form.

MESSAGE BOARD

A message board will be available in a central area for phone messages or for attendees to make contact with each other. Job postings can also be placed on the Board.

CONTINUING EDUCATION UNITS / CONTACT HOURS

Gerber Consulting Services, Inc. is an approved provider of continuing nursing education by the Pennsylvania State Nurses Association an accredited approver by the American Nurses Credentialing Center's Commission on Accreditation.

**The MDS 2.0 Basic Training is approved for 12 contact hours for nurses
Up to 12 contact hours are available for nurses attending the general sessions.**

Continuing education credits/contact hours have been requested but not yet approved from the National Association of Boards of Long Term Care Administrators

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DOOR PRIZES AND PRODUCT GIVE-AWAYS

On June 10th, drawings will be held during the President's Reception for door prizes provided by vendors. The tickets for the drawings will be included in the attendee package. In addition, each attendee will be provided product give-away donated by vendors. Winners of the drawings will be posted on the Message Board in the afternoon.

HOTEL RESERVATIONS

A limited number of rooms are available at the Penn Stater Conference Center Hotel. Reservations should be made directly with the hotel. Room rates are: single occupant \$ 101, double occupant \$ 111, three occupants \$ 121 and four occupants \$131. Rooms will be held until May 10, 2009. The Conference identification number is PAN0616 Please call the Penn Stater Conference Center Hotel directly at 800-233-7505. Be sure to identify you are attending the PANAC Conference. Additional rooms are available at the Nittany Lion Inn 800-233-7505. Other hotels within two miles of the Penn Stater include but are not limited to:

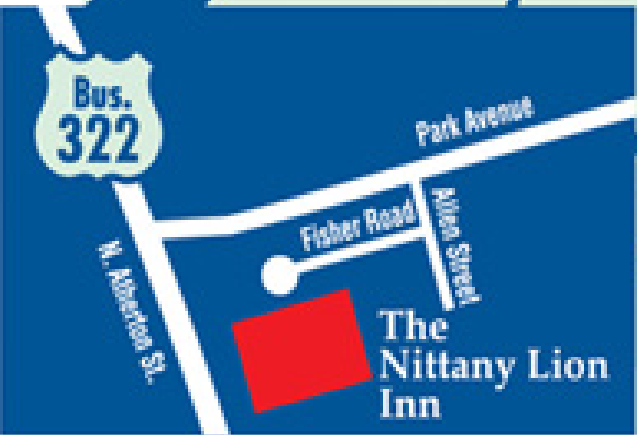
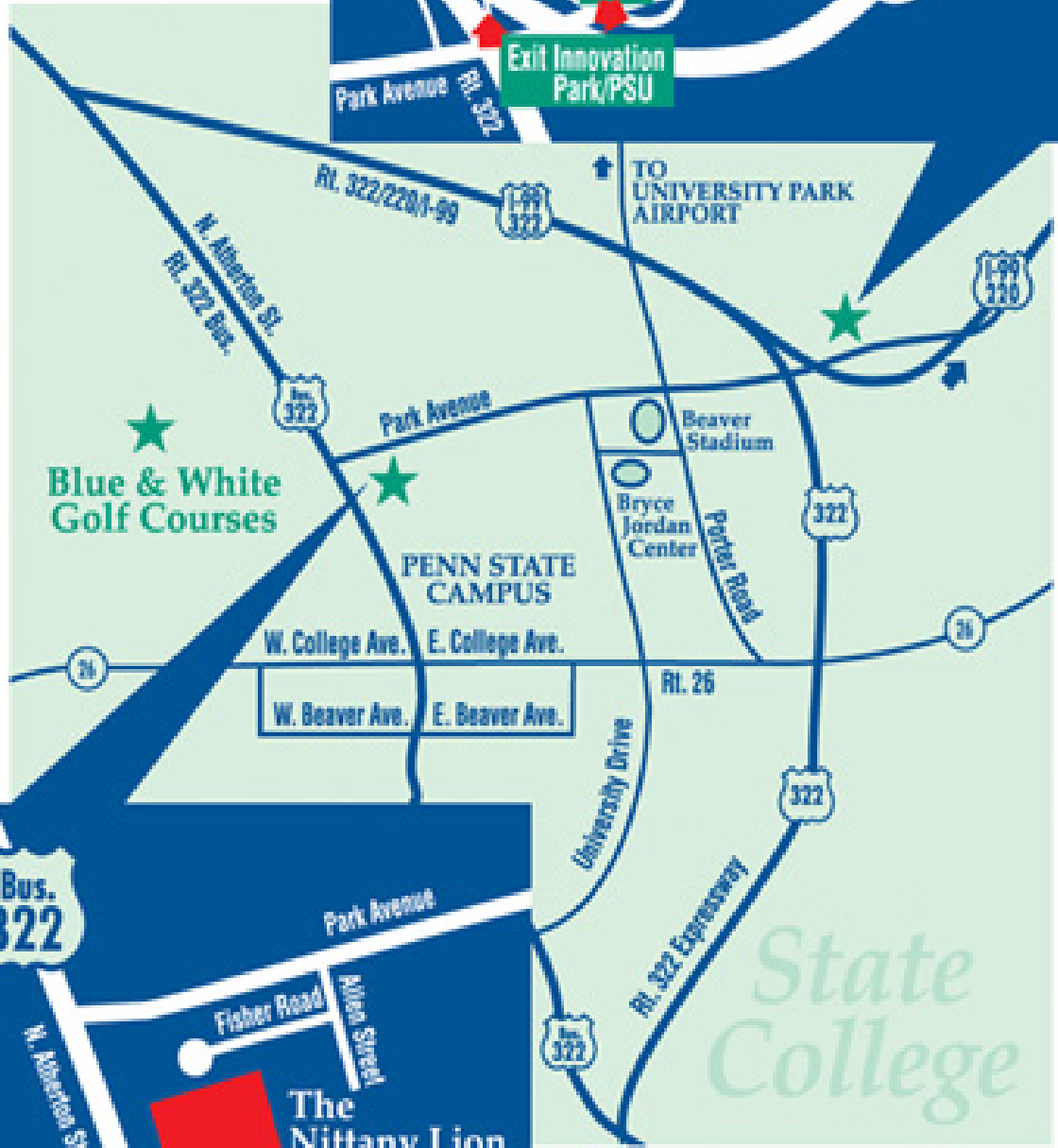
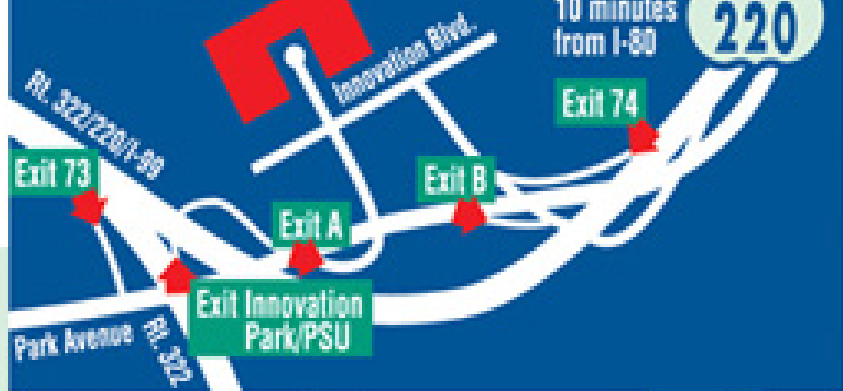
Days Inn	814-765-5381
Holiday Inn	814-867-1800
Hampton Inn	814-231-1899
Motel 6	814-234-1600
Sleep Inn	814-235-1020
Rodeway Inn	814-238-6783

???QUESTIONS???

Marie Carpenter, RN - Conference Registration
Call 717-445-8726 (day); 717-445-9807 (fax)

**The Penn Stater
Conference
Center Hotel**

To/From I-80
Penn Stater
is now only
10 minutes
from I-80



DRIVING DIRECTIONS

From New York City (225+ miles) and the East:
I-80 West in PA to Exit 161 (Bellefonte), Follow PA 26 South to US 220 South. Take exit 74 for Penn State University/Innovation Park. For The Nittany Lion Inn: stay in the left lane of the exit and follow the sign for Penn State University. This will become Park Avenue. Travel Park Avenue to the stop light at Allen Street. Turn left on Allen Street and then right on Fischer Road. The Nittany Lion Parking Deck will be on your left followed by the Nittany Lion Inn. For The Penn Stater Conference Center Hotel: Stay in the right lane of the exit and follow the sign for Innovation Park. At the stop sign at the end of the ramp, turn right. At the top of the hill the road turns to the left and becomes Innovation Boulevard; the hotel will be on the right.

from Philadelphia (nearly 200 miles):
PA Turnpike West to Exit 19, Harrisburg East and follow signs for the next 15 miles to Route 322 West. Take 322 West, past Lewistown, to State College and take the Penn State University/ Innovation Park Exit. For The Nittany Lion Inn turn right at the stop light and follow Park Avenue. Travel Park Avenue to the stop light at Allen Street. Turn left on Allen Street and then right on Fischer Road enters the Nittany Lion Parking Deck on your left. For The Penn Stater Conference Center Hotel from the above exit, turn left at the stop light and follow signs for Innovation Park Exit A directly to the Hotel in Innovation Park.

From Harrisburg (80+ miles):
Take 322 West, past Lewistown, to State College and take the Penn State University/ Innovation Park Exit. For The Nittany Lion Inn, turn right at the stop light and follow Park Avenue. Travel Park Avenue to the stop light at Allen Street. Turn left on Allen Street and then right on Fischer Road enters the Nittany Lion Parking Deck on your left. For The Penn Stater Conference Center Hotel from the above exit, turn left at the stop light and follow signs for Innovation Park Exit A directly to the Hotel in Innovation Park.

From Pittsburgh (125+ miles):
Route 22 East to Duncansville. Then take Route 220/I-99 North bypassing downtown Altoona and Tyrone. After Port Matilda, take Route 322 East to State College. For The Nittany Lion Inn, stay on Business Route 322/ North Atherton Street, past a variety of businesses. At the light at Park Avenue, turn left. The Inn is on your right. For The Penn Stater Conference Center Hotel, take the 322 East/US 220 North bypass to the Penn State University/ Innovation Park Exit. Turn left at the stop light and follow signs for Innovation Park Exit A directly to the Hotel in Innovation Park.

From the West:
I-80 East in PA to Exit 161 (Bellefonte), Follow PA 26 South to US 220 South. Take exit 74 for Penn State University/Innovation Park. For The Nittany Lion Inn: stay in the left lane of the exit and follow the sign for Penn State University. This will become Park Avenue. Travel Park Avenue to the stop light at Allen Street. Turn left on Allen Street and then right on Fischer Road. The Nittany Lion Parking Deck will be on your left followed by the Nittany Lion Inn. For The Penn Stater Conference Center Hotel: Stay in the right lane of the exit and follow the sign for Innovation Park. At the stop sign at the end of the ramp, turn right. At the top of the hill the road turns to the left and becomes Innovation Boulevard; the hotel will be on the right. *There is an alternate way from I-80 East following 322 East into State College. The above directions reflect all highway driving. On 322 you can expect construction delays and areas of two lane driving.

SEMINAR REGISTRATION

NAME: _____

FACILITY: _____

ADDRESS: _____

CITY/STATE/ZIP _____

COUNTY: _____ PHONE: _____ FAX: _____

EMAIL ADDRESS: _____ POSITION: _____

Seminar registration fees. Check the registration which applies:

June 10	<input type="radio"/> Members \$ 180.00	<input type="radio"/> Nonmembers \$ 260.00
June 11	<input type="radio"/> Members \$ 180.00	<input type="radio"/> Nonmembers \$ 260.00
June 10 and June 11	<input type="radio"/> Members \$ 275.00	<input type="radio"/> Nonmembers \$ 400.00

Conference fees include refreshment breaks, lunch, handouts, and product giveaways

Payment can be made by check, money order, Visa or Master Card.

Session Attendance: Choose one in each group

June 10	<input type="radio"/> A	<input type="radio"/> B	/	<input type="radio"/> C	<input type="radio"/> D
June 11	<input type="radio"/> E	<input type="radio"/> F	/	<input type="radio"/> G	<input type="radio"/> H

I am attending the Basic MDS 2.0 sessions

ONE REGISTRATION PER MEMBERSHIP.

ALL REGISTRATION FORMS SHOULD BE ACCOMPANIED WITH PAYMENT—CHECK, MONEY ORDER OR CREDIT CARD ONLY. DO NOT SEND CASH. **Please make checks payable to: PANAC**

Please complete a separate registration form for each registrant. A photocopy of the registration form is acceptable. Registration should be received by May 30, 2008.

Walk-ins are welcome

Register on line at: www.paanac.net or

Mail payment and completed form to:

Marie Carpenter, RN; Zerbe Sisters Nursing Center; 2499 Zerbe Road; Narvon, PA 17555

Fax registration form to: 717-445-9807

Credit Card payment: Master Card Visa

Card No. _____ Exp. Date _____

Cardholder Name: _____

Authorized Signature: _____